

## MEDICAL UNDERWRITING POLICY MANUAL

REVISION DATE: 2/00, 1/04  
REVIEW DATE: 2/00, 2/03, 1/04, 1/05, 1/06, 1/07

MEDICAL UNDERWRITING POLICY NO: 1A

### Weight For Women At Different Ages

If over or under guideline weight, refer to Medical Director

Height	Age 18 to 29			Age 30 to 44			Age 45 to 65		
	25%		40%	25%		40%	25%		40%
	UW	SW	OW	UW	SW	OW	UW	SW	OW
4'11"	85	113	158	89	119	167	95	126	176
5'0"	86	114	160	92	122	171	97	129	181
5'1"	87	116	162	93	124	174	99	132	185
5'2"	89	118	165	95	127	178	101	135	189
5'3"	92	122	171	98	131	183	104	139	195
5'4"	94	125	175	101	134	188	107	143	200
5'5"	96	128	179	104	139	195	111	148	207
5'6"	99	132	185	107	143	200	114	152	213
5'7"	101	135	189	110	147	206	116	155	217
5'8"	105	140	196	113	151	211	119	159	223
5'9"	108	144	202	116	155	217	123	164	230
5'10"	110	147	206	119	159	223	126	168	235
5'11"	112	149	209	122	163	228	129	172	241
6'0"	113	151	211	125	167	234	132	176	246
6'1"	115	153	214	127	169	237	135	180	252
6'2"	116	155	217	128	171	239	138	184	258



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### Weight For Men At Different Ages

If over or under guideline weight, refer to Medical Director

Height	Age 18 to 29			Age 30 to 44			Age 45 to 65		
	25%		40%	25%		40%	25%		40%
	UW	SW	OW	UW	SW	OW	UW	SW	OW
5'0"	94	125	175	98	131	183	101	134	188
5'1"	95	126	176	99	132	185	102	136	190
5'2"	96	128	179	100	133	186	104	138	193
5'3"	98	131	183	102	136	190	106	141	197
5'4"	101	135	189	105	140	196	109	145	203
5'5"	104	138	193	107	143	200	112	149	209
5'6"	107	142	199	110	147	206	115	153	214
5'7"	110	147	206	114	152	213	119	158	221
5'8"	113	151	211	118	157	220	122	163	228
5'9"	116	155	217	122	162	227	126	168	235
5'10"	119	159	223	125	167	234	130	173	242
5'11"	123	164	230	130	173	242	134	178	249
6'0"	128	170	238	134	179	251	137	183	256
6'1"	133	177	248	139	185	259	142	189	265
6'2"	138	184	258	145	193	270	146	194	272
6'3"	143	190	266	149	198	277	150	200	280
6'4"	147	196	274	152	203	284	155	206	288
6'5"	151	201	281	155	207	290	158	211	295
6'6"	155	206	288	158	211	295	162	216	302
6'7"	157	209	293	161	215	301	166	221	309
6'8"	161	214	300	164	219	307	170	226	316

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### Height and Weight For Children

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Height	Age 0 to 9		
	UW	AVG	OW
2'0"	9	13	23
2'1"	10		25
2'2"	11		27
2'3"	12		29
2'4" (28")	13	18	31
2'5"	14		33
2'6"	15		36
2'7"	17		38
2'8" (32")	18	23	40
2'9"	19		42
2'10"	21		44
2'11"	22		46
3'0" (36")	23	29	48
3'1"	24		51
3'2"	26		54
3'3"	28		56
3'4" (40")	29	36	59
3'5"	31		62
3'6"	32		65
3'7"	33		67
3'8" (44")	35	44	70
3'9"	36		74
3'10"	38		77
3'11"	40		80
4'0"	42	53	84
4'1"	44		88
4'2" (50")	46	58	92
4'3"	49		96
4'4" (52")	51	64	100
4'5"	54		104
4'6" (54")	56	70	108
4'7"	59		113
4'8"(56")	61	76	117
4'9"	64		122
4'10" (58")	66	83	126
4'11"	69		131
5'0"	71	90	135

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### Height and Weight For Children

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Height	Ages 10 to 13		
	UW	AVG	OW
4'0"	45	56	90
4'1"	47		94
4'2" (50")	49	61	97
4'3"	51		100
4'4" (52")	54	67	104
4'5"	56		108
4'6" (54")	58	73	113
4'7"	60		118
4'8" (56")	63	79	123
4'9"	66		127
4'10" (58")	69	86	132
4'11"	71		136
5'0"	74	94	141
5'1"	77		146
5'2" (62")	80	103	152
5'3"	83		157
5'4" (64")	87	112	162
5'5"	90		167
5'6" (66")	93	121	172
5'7"	96		177
5'8" (68")	100	130	182
5'9"	103		187
5'10" (70")	106	139	192
5'11"	109		196
6'0" (72")	113	149	201

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**Height and Weight For Children**

If over or under guideline weight, refer to Medical Director

	<b>Ages 14 to 17</b>		
<b>Height</b>	<b>UW</b>	<b>AVG</b>	<b>OW</b>
4'6"	63	79	138
4'8"	68	85	146
4'10"	73	92	152
5'0"	79	100	160
5'2"	85	109	168
5'4"	91	117	179
5'6"	97	126	189
5'8"	104	135	199
5'10"	110	144	211
6'0"	117	154	221
6'2"	124	164	231
6'4"	131	174	241